Dear Sir

Max Super Speciality Hospital Mohali is holding a public walk on 8th February with the aim to garner support for anti obesity drive and create awareness as to how walking is healthy for living and can go a long way in beating obesity, which is spreading like an epidemic world over.

The rally would start from Max Hospital, Phase 6, near civil hospital at 8: 30 AM and move on NH 21 for 2 kilometers and would culminate at the hospital itself where there would be health talks by our senior clinicians on diet, weight control etc followed by free health check up and refreshments.

We would request maximum participation from your end.

Looking forward to a positive response from your end.

Thanks and regards

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