



# RAILWAYS SENIOR CITIZENS WELFARE SOCIETY CHANDIGARH, PANCHKULA & MOHALI

(Estd. 1991, Regd. No. 1881 – Under Registration of Societies Act),

Website <http://www.rscws.com>

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No. RSCWS/ Meetings / 2014-2

Dated: 10-4-2014

## **NOTICE REG: GBM RSCWS**

**MEMBERS RSCWS - PLEASE ATTEND WITH YOUR SPOUSE & OTHER RAILWAY PENSIONERS  
GENERAL BODY MEETING OF RSCWS**

**AND**

## **FREE MEDICAL CHECKUP CAMP & SEMINAR**

**AT FORTIS HOSPITAL, MOHALI, 3<sup>RD</sup> FLOOR, (OPD SIDE) – AUDITORIUM & ITS ADJOINING HALL  
FROM 9-30 AM (SHARP) TO 1 PM ON SATURDAY 3<sup>RD</sup> MAY, 2014**

**(Please come empty stomach for Blood Test - Refreshment will be served after the Blood Test)**

**Please join us for Lunch after the Meeting & the Seminar**

## **DETAILS REG; FREE MEDICAL CAMP, SEMINAR & MEETING OF RSCWS**

**ON 3<sup>RD</sup> MAY, 2014 AT FORTIS HOSPITAL, MOHALI**

### **PROGRAMME:**

#### **1. FREE MEDICAL CAMP FOR RAILWAY SENIOR CITIZENS & THEIR SPOUSES:**

- FREE CONSULTATION BY NEPHROLOGIST (FOR KIDNEY), ORTHOPAEDICIAN, GYNECOLOGIST & GENERAL PHYSICIAN.
- FREE ECG, SUGAR, BMD (BONE DENSITY) AND TOTAL CHOLESTEROL TEST.
- (THOSE HAVING HIGH CHOLESTEROL SHALL BE PROVIDED WITH FREE LIPID PROFILE TEST REPORT & CONSULTATION)
- VENUE: Fortis Hospital, Mohali, 3<sup>rd</sup> Floor (OPD Side) - Future Expansion Library Hall (Near Auditorium)
- TIMINGS: 9:30 to 11:30 AM > Prog. - Tests, Consultations & Refreshments (Sponsored by Fortis)

#### **2. MEETING & SEMINAR:**

- VENUE: Fortis Hospital, Mohali, 3<sup>rd</sup> Floor > Auditorium
- Timing: 11:30 to 12:15 > Meeting of RSCWS:  
12:15 to 1:00 PM > Seminar on Pain Management BY DR. AVTAR SINGH MATHAROO,  
1:00 to 1:45 PM > Lunch (By RSCWS)

### **IMPORTANT INSTRUCTIONS**

- Please come empty Stomach. Sample for Cholesterol would be taken empty Stomach
- Refreshment will be served after the Test.
- Please reach the Venue in time (9:30 AM sharp),
- Get yourself registered in time, for the Tests & Check up.

## **RAILWAY PENSIONERS / FAMILY PENSIONERS**

**BE ACTIVE MEMBERS OF RSCWS FOR YOUR WELFARE &**

**TO STAY IN TOUCH WITH THE LATEST DEVELOPMENTS ON PENSIONERS ISSUES**

**PLEASE PAY YOUR SUBSCRIPTION FOR RSCWS EARLY, IF NOT DONE ALREADY**

**ANNUAL SUBSCRIPTION RS.300 PA / LIFE MEMBERSHIP RS.2500**

**(INCLUDING THAT FOR PENSIONERS RAIL SAMPARK – QUARTERLY JOURNAL OF RSCWS)**

**DONATE LIBERALLY TO LEGAL-CUM-STRUGGLE FUND TO FIGHT FOR THE CAUSE OF PENSIONERS  
DONATIONS & SUBSCRIPTIONS BE SENT BY LOCAL OR AT PAR CHEQUES OR DEMAND DRAFT OR M.O.**

**OR MAY BE PAID IN CASH DURING THE MEETING TO –**

**SH. C.P. SINGH, TREASURER, RSCWS, G-210, RAIL VIHAR, SECTOR 4, PANCHKULA-134102 (PH. 09888054477)**

## **PENSIONERS & SENIOR CITIZENS !**

**VISIT OUR FREE & INFORMATIVE WEBSITE [HTTP://WWW.RSCWS.COM](http://www.rscws.com) REGULARLY  
FOR ADMINISTRATIVE ORDERS, INFORMATION OF ACTIVITIES OF RSCWS,**

**COPIES OF “PENSIONERS RAIL SAMPARK” & OTHER MULTIFARIOUS FEATURES OF INTEREST**

**– President & Secretary General RSCWS**