

RAILWAYS SENIOR CITIZENS WELFARE SOCIETY

CHANDIGARH

(Estd. 1991, Regd. No. 1881 – Under Registration of Societies Act), Website <http://rscws.com>

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No. RSCWS/ Memo-RB/ 2013-2

Dated: 18-6-2013

1. Chairman, Railway Board, Rail Bhawan, New Delhi.
2. Director General Health Services, Railway Board, Rail Bhawan, New Delhi

Dear Sir,

Reg: Definition of Chronic Diseases - in relations to Fixed Medical Allowance granted to Railway Pensioners.

Ref: Railway Board's letter No. 2006/H/DC JCM dated 12-10-2006 (Copy attached)

1. In terms of Railway Board's letter No. 2006/H/DC JCM dated 12-10-2006, "Any disease which persists for a period of approximately three months or more is defined as a chronic disease." But only 10 diseases are enlisted therein to be treated as Chronic Diseases.

2. As per Medical Council of India and WHO, following 25 diseases are enlisted as Chronic Diseases:

Chronic Disease List (CDL)

➤ Addison's disease	➤ Epilepsy
➤ Asthma	➤ Glaucoma
➤ Bronchiectasis	➤ Haemophilia
➤ Cardiac failure	➤ Hyperlipidaemia
➤ Cardiomyopathy	➤ Hypertension
➤ Chronic obstructive pulmonary disorder	➤ Hypothyroidism
➤ Chronic renal disease	➤ Multiple sclerosis
➤ Coronary artery disease	➤ Parkinson's disease
➤ Crohn's disease	➤ Rheumatoid arthritis
➤ Diabetes insipidus	➤ Schizophrenia
➤ Diabetes mellitus types 1 & 2	➤ Systemic lupus erythematosus
➤ Dysrhythmias	➤ Ulcerative colitis

3. a) Railway Board is requested to include the above said 25 Chronic Diseases in the list & definition of Chronic Diseases in relations to Fixed Medical Allowance granted to Railway Pensioners, as all these diseases persist for a period of more than three months or are lifelong in many cases.

b) Railway Board is also requested to please issue a clarification to all concerned regarding Authority and procedure for getting Treatment for Chronic Diseases from Railway Health Units/Railway Hospitals for those who have opted out of OPD Treatment under RELHS – 97 – as per Boards orders cited above.

(Harchandan Singh),
Secretary General, RSCWS

Encl: One – as above

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)

[Handwritten signature]

No.2006/H/DC/JCM

New Delhi, dated 12.10.2006.

General Managers,
All Indian Railways (Including Production Units)
Chief Medical Officer, Konkan Railway Corpn Ltd,
C.B.D. Belapur, Navi Mumbai; and
Director General, RDSO, Lucknow.

Sub:- Clarifications regarding chronic diseases in relation to Fixed Medical Allowance @ Rs. 100/- granted to Railway Pensioners.

As per Board's letter No. PC/V/98/1/7/1/1 dated 21.4.99 a fixed medical allowance @ Rs. 100/- per month is granted to the Railway Pensioners/family Pensioners who are residing beyond 2.5 kms. from Railway Hospital/Health Unit/Dispensary. This fixed medical allowance is given to meet the day to day medical expenses. They are not entitled to receive outdoor treatment from Health Unit/Railway Hospital etc. except in cases of Chronic Diseases.

Arising out of demand in the DC/JCM September, 2006, the definition of Chronic disease and some illness which are to be treated as Chronic ones are hereby stated.

Any disease which persists for a period of approximately three months or more is defined as a chronic disease. Some of the common illness, which are treated as chronic diseases are given below:-

1. Arthritis and related conditions.
2. Cardiovascular disease.
3. Cancer of any part of body.
4. Diabetes mellitus
5. Epilepsy disorders
6. Obesity/chronic weight loss.
7. Tuberculosis.
8. AIDS
9. Oral Health Problem.
10. Chronic skin disorders.

[Handwritten signature: Pankaj Kapoor]
12/10/06

(Dr.Pankaj Kapoor)
Executive Director/Health (Plg.)
Railway Board

No.2006/H/DC/JCM/Part-I

New Delhi, dated : 12.10.2006.

Copy to:

1. Chief Medical Directors, All Indian Railways,
2. Chief Medical Superintendents/Medical Superintendents,
CLW / Cittaranjan (West Bengal); DLW / Varanasi (UP); ICF / Perambur
(Chennai), DMW / Patiala (Punjab); RCF / Kapurthala (Punjab) & RWF /
Yelhanaka (Bangalore)..