MINUTES OF VIRTUAL GENERAL BODY MEETING OF RSCWS HELD FROM 8TH TO 10TH SEPTEMBER, 2020

- 1. Sh. G. S. Sethi, Working President RSCWS presided over the meeting.
- 2. Opening address by the Secretary General RSCWS Sh. Harchandan Singh:

"I welcome all the Members of RSCWS to this 2nd Virtual General Body Meeting of RSCWS. This meeting has been called in view of the resignation of Sh. NP Mohan as Chairman and Sh. OS Dogra as President RSCWS due to their personal reasons and age-related problems. We have tried to persuade them to continue on their posts but they have expressed their inability to do so. As such, the Executive Committee RSCWS has agreed that their resignations be accepted by the General Body. You are, therefore, requested to consider and accept the same and to approve the other proposals agreed to by the EC regarding filling up of the consequential and existing vacant posts in the EC, and other related issues on the agenda.

"Meanwhile, all steps are being taken by us for improvement in the health care facilities for the Railway Beneficiaries, easing referral system to Specialised private Hospitals, empanelment of more private Hospitals by Railways and covering of treatment of COVID patients on CGHS rates by empanelled hospitals etc. At present, Ivy Hospital Mohali, Mukat Hospital Sec 34 CHD, Ojas Hospital Sec 26 PKL and Sri Guru Harkrishan Sahib Hospital, Sohana are empanelled by the Railways for Cashless treatment on referral by CMS NR Ambala or in emergency (with approval of CMS within 24 hours). We are trying for empanelment of some more Hospitals – including revival of empanelment of Fortis and MAX Hospital, Mohali.

"Please record your views on the Agenda items. Wish you all the best of health. Thank you."

- 3. a) General Body approved the proposal of the Executive Committee (EC) to accept Resignation of Sh. NP Mohan from the post of Chairman, Sh. OS Dogra from the post of President RSCWS and Mrs. Rama Dogra as Member EC RSCWS, on grounds of age-related problems.
 - b) General Body thanked Sh NP Mohan, Sh OS Dogra and Mrs Rama Dogra for their long dedicated and valuable services to RSCWS.
- 4. a) General Body approved the proposals of EC for appointment of Office Bearers to the posts of Chairman & President and other vacant posts in Executive Committee RSCWS as mentioned below:

1	Chairman	Shri G.S. Sethi
2	President	Shri T.S. Kalra
3	Working President	Shri T.S. Chawla
4	Working President	Shri K.P. Singh
5	Sr. Vice President-Cum-Sr. Auditor	Shri H.S. Sachdeva
6	Sr. Vice President	Shri Kapil Dev
7	Vice President-Cum-Auditor	Shri B.B. Sharma
8	Vice President	Shri Mohinder Singh (Sec. 50)
9	Member Executive Committee	Shri D.S. Nigah

- b) General Body authorized the President / Executive Committee RSCWS to fill up other resultant & vacant posts.
- 5. a) OPERATION OF BANK ACCOUNT: General Body approved the following Resolution:

"Bank Accounts of the Society in the name of Railway Senior Citizens Welfare Society be operated jointly by two Office Bearers of RSCWS – one from amongst (Sh) G.S. Sethi, Chairman or (Sh) T.S. Kalra, President or (Sh) Harchandan Singh, Secretary General and one from amongst (Sh) C.P. Singh, Treasurer or (Sh) Jaspal Singh, Finance Secretary, RSCWS".

b) To appeal to the Members to pay their Subscription and Social Welfare Fund for 2020-21, through Net Banking / NEFT or credit to Bank Account of RSCWS through bank transfer in the Bank account of RSCWS, in favour of "Railway Senior Citizens Welfare Society", in Punjab & Sind Bank, Sector 7, Chandigarh, SB Account No. 08561000100242, IFSC Code PSIB0000856 followed by a message to the Treasurer or may be paid directly to the Treasurer Sh. C.P. (Mob: 9888054477).

6. Address of the (newly elected) President Shri T S Kalra:

"Shri Gurcharan Singh Sethi and fellow sisters & brothers of Railway Senior Citizens family:

You have all given the responsibility of our society's presidentship to me, Tejinder Singh Kalra, for which I convey my thanks. I'll try my best to discharge my duties in a most befitting manner.

First of all we offer our sincere felicitations to the outgoing Chairman Shri NP Mohan and President Shri O S Dogra for the valuable contributions made and guidance provided by them in the past. Hope they will continue to guide us in future also as members and as 'margdarshaks'/patrons.

Secretary General Sh Harchandan Singh has been putting in a lot of efforts in the working of our RSCWS. In his introductory address, he has given a briefing of the past and current activities as well as obstacles faced in the working of RSCWS. Without repeating those items, I'll, however, add a few more issues before us:

- i) To get medical services for railway pensioners on the pattern of CGHS, ECHS (Defence), CSIR.
- ii) Chandigarh Health Unit needs to be upgraded and its location should be shifted towards the main side of Chandigarh Railway station.
- iii) A Railway Dispensary should be provided at Mohali station and to begin with, the health Unit should be operated on alternate days at Chandigarh and Mohali stations.
- iv) For chronic diseases, medicines should be issued for minimum 3 months.
- v) For referrals to empanelled hospitals, the ADMO HU CHD should be empowered, in telephonic consultation with Ambala hospital and condition for getting it done by visiting CMS Ambala. Hospital should be scrapped.
- vi) Arrangement at Divisional level for making UMID Cards (as in Head Quarter Office)
- vii) Continued efforts for getting the revised PPOs for left out Pensioners & Family Pensioners.

Letters are being written repeatedly to the Divn. and HQ office on these issues.

I personally also keep contacting DRM, ADRM Ambala.

And we also try to get in touch with GM and PCMD at HQ office as & when the necessity arises or opportunity comes up.

I'll also request you to keep sharing with us your problems, grievances along with suggestions. Contributory efforts at your personal levels are also welcome to help other colleague pensioners. Please keep in touch through WhatsApp, e-mail or even directly on phone.

Once again, this is to remind you to pay your annual subscriptions and contributions to our/your society's social welfare fund.

We are presently passing through difficult times because of Covid-19 pandemic. As per today-Sept 10 news, there has been a record COVID surge in the Tricity in last 24 hours; 782 tested positive, 12 casualties; total count of Tricity so far has surpassed 15,000 numbers.

As senior citizens we are very vulnerable because of less immunity due to the aging factor. We have to be very cautious and strictly observe the well-publicized COVID related safety protocol; no scope of any laxity in this respect; generally, we are advised to remain home bound unless very necessary to move out. Alongside we need to boost our immunity through different means, like *Yoga*, *Pranayaam*, physical exercises, good diet, Ayurvedic means etc.

Neither we need to feel depressed. Invoke God Almighty's blessings that-

"Dil dai to is mizaaj kaa, parvardigaar dai; jo ranjh ki gharhi bhi khushi mein guzaar dai." let us keep our spirits high and face the corona caused challenges with determination.

In the end, wishing you all safe, healthy & cheerful days, I'll like to share with you the following shalokaas:

Sarve Bhavantu Sukhineh| Sarve Santu Nir-aamayaah| Sarve Bhadraanni Pashyantu| Maa Kashchid-Duhkha-Bhaag-Bhavet||

Nanak Naam Charhdi Kalaa, Tere Bhaaney Sarbat Daa Bhalaa II

God bless you all."

7. Address by Sh. GS Sethi the (newly elected) Chairman RSCWS:

"Dear Members, I thank you all for electing me as the new Chairman of RSCWS and for participating in this meeting in such large number. We shall try to serve the cause of Pensioners to the best of our ability with the cooperation of you all.

I wish you all the best of health and spirits"

8. Vote of thanks by the Secretary General RSCWS:

"Respected Sh. GS Sethi, Sh.TS Kalra and Members of RSCWS.

"I thank you all for your participating in this Virtual Meeting of GBM and for unanimously approving the proposals on the agenda. I also congratulate and thank Sh. GS Sethi, Sh. TS Kalra and other Office Bearers for accepting and for being elected to new assignments in the Executive Committee. I am sure that with the cooperation of you all, we shall be able to pursue the objectives of the RSCWS effectively for the welfare of the Pensioners. I wish the best of health and happiness for you all and for all the members of your families. Jai Hind. Long Live RSCWS."