



PENSIONERS' RAIL SAMPARK

QUARTERLY BULLETIN OF THE

RAILWAY SENIOR CITIZENS WELFARE SOCIETY (RSCWS)

(Estd. 1991, Regd. No. 1881 - under Societies Registration Act) Website for Pensioners: www.rscws.com

President RSCWS M.S. BATRA, 1543, Sector 42, Chandigarh (Ph: 0172 2604713, 09988323369)	Executive Editor PRS & Working President RSCWS N.P. MOHAN, CE (Retd) Western Railway 1023, Sector 15 B, Chandigarh 160015 Email: npmohan34@gmail.com (Ph: 0172 2772875, 09417870544)	Editor PRS & Secretary General RSCWS HARCHANDAN SINGH, 32, Phase 6, Mohali, Chandigarh-160055 Email: harchandan_chd32@yahoo.co.in (PH: 0172-2228306, 09316131598)
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RSCWS SUBMITS MEMORANDUM TO RAILWAY MINISTER P K BANSAL ON PROBLEMS OF PENSIONERS IN TRI-CITY OF CHANDIGARH

A delegation of RSCWS comprising Shri M. S. Batra, Sh. S. S. Sahota, Sh. O. S. Dogra and Sh. Harchandan Singh met Shri Pawan Kumar Bansal, Hon. Minister for Railways, at Chandigarh on November 17, 2012. Welcoming Shri Bansal as the new Railway Minister. A detailed Memorandum was submitted to him on the following main Problems of Pensioners at Chandigarh, Panchkula & Mohali. The Minister assured the Delegation to get the issue examined and have further discussions thereon early. (See copy of Memorandum on Website www.rscws.com)

1. Upgrading of Railway Lock-up Dispensary Chandigarh
2. a) Empanelment of Private Multispecialty Hospitals by the Railways at Chandigarh Tri-City
b) Issue of Smart Cards – Expedient Implementation of Orders of MOR
3. Issue of Revised PPOs to Pre-2006 Pensioners –
Non-Implementation of Orders of MOR /CRB
4. Companion in same class with old Pensioners without paying the difference of fare
5. Eligibility for RELHS of Widowed Daughter getting Family Pension (on expiry of both parents).
6. Eligibility for same Class of Complementary Passes for old & new Retirees – as for the employees.
7. Starting of third (Mid-Day) Shatabdi Express from Chandigarh & New Delhi to connect arrivals & departures of various Rajdhani Express trains at New Delhi.
8. Introduction of “Golden Temple Express” between Chandigarh & Amritsar - to start from Chandigarh early morning & return by late evening.

HEARING IN CASE OF MODIFIED PARITY PENDED TO APRIL 29, 2013 BY DELHI HC

Hearing on the Appeal of the GOI in W.P. No. 1535/2012 - (against CAT Judgment) in the Case for Modified Parity for Pre-2006 Pensioners - in the Delhi High Court - could not be taken up for hearing on 29.11.2012, as one of the judges of the Bench Justice Siddharth Mridul was on leave. The matter has been adjourned. The next date of hearing is fixed as 29.04.2013.

ORDERS ON IMPLEMENTATION OF MODIFIED PARITY EXPECTED SOON.

There are indications that orders are likely to be issued early for the Implementation of Modified Parity, as per accepted recommendation of Sixth Pay Commission and the judgment of CAT in OA 655-2010.

During the SCOVA meeting in Sept, 2012, indication was given that 'appropriate action in this regard is being taken by the govt, in view of the CAT judgment of 01 Nov, 2011.

This was followed up in the Lucknow Bench of High Court by Addl. Solicitor General of India, appearing on behalf of Union of India, (in a similar case as that of S 29), had submitted that the instant writ petition was receiving the attention of the Govt. He further stated that an 'Office Memorandum will be issued shortly.'

Even though only about 20% of pensioners will be directly benefited by these orders, it will, however, have major impact on almost all the pensioners after the next Pay Commission, because, if the correct modified parity is not restored now, the pe-2006 pensioners will lose substantially after the 7th Pay Commission due to the changed scenario of Pay Bands & Grade Pay norms.

**NOTICE: – MEMBERS RSCWS - PLEASE ATTEND WITH YOUR SPOUSE & OTHER RAIL PENSIONERS
ANNUAL GENERAL BODY MEETING OF RSCWS, MEDICAL SEMINAR & CULTURAL PROGRAMME
TO BE HELD FROM 10 AM TO 1 PM ON 6TH JANUARY, 2013**

AT GOVT. MUSEUM & ART GALLERY AUDITORIUM, SECTOR 10 C, CHANDIGARH

**AGENDA: Annual Report & Accounts, Constitution Amendments, Bi-annual Elections of Executive Committee, Any other point
(Lunch will be served after the Meeting)**

– President & Secretary General RSCWS

DON'T DEFY COURT ORDERS: SUPREME COURT WARNS BUREAUCRACY,**TAKES FORMER CHIEF SECY OF BIHAR TO TASK, ENDORSES FINE SLAPPED ON HIM BY HC**

New Delhi, December 8: Cautioning the authorities against taking court orders lightly, the Supreme Court has issued a "stern warning" to a retired Chief Secretary of Bihar, Gurminder Singh Kang, and endorsed the Rs 2,000 fine slapped on him for defying a Patna High Court order. A Bench comprising TS Thakur and FMI Kalifulla, however, set aside the two-month sentence imposed on the IAS officer, who had had a service of more than 30 years, by the HC, taking into account his age and remorse.

SC made it clear that it would not tolerate high-level officers who defied court orders with impunity in the first place and then tried to get away with their actions by offering regret and unconditional apology. "Orders and judgments of the court are meant to be obeyed and not to be disobeyed with impunity.

Off late, we come across several such instances where high-level officers of the administration display scant regard for the orders of the court and always come forward with lame excuses" for not complying with these, the Bench noted.

In his capacity as the Food and Civil Supplies Commissioner, Kang had cancelled the two promotions granted to Block Supply Officer Shiv Prasad Singh, ignoring a high court order. Singh had been dismissed from service in 1977 on the charge of corruption, but was reappointed in 1980 following a representation from him. The reappointment letter made it clear that he would not be entitled to promotions.

NEWS IN BRIEF

- **SBI BRANCHES NOW OPEN ON SUNDAYS:** To provide better and comfortable banking services to its customers, the State Bank of India (SBI) is presently operating 375 branches on Sunday. This enables all kinds of customers to transact banking business on convenient days as per their comfort.
- **REFRIGERATED WAGONS:** Carrier Transicold, the transport refrigeration segment of United Technologies, is in talks with Indian Railways to introduce refrigerated wagons for perishable goods transportation
- **RATE OF RAIL NEER INCREASED:** Indian Railways has decided to increase the rate of Rail Neer, packaged drinking water supplied by the railways in trains and platforms, from Rs 12 to Rs 15.
- **8% RISE OF DA/DR EXPECTED:** Government Employees, Pensioners & family Pensioners may get a rise of Dearness Allowance/Relief of 8% w.e.f. 1st January 2013 over the present DA which is 72% w.e.f. July, 2012.
- **Condition of Carrying Identity Card Extended to All Classes of Reserved Train Tickets Including Reserved Second Class and Sleeper Class.**
- **DUPLICATE TICKETS ON LOSS OF PNR:** If you lose your Ticket/PNR you can get a duplicate train ticket on paying Rs.20 as Clerkage charges plus Charges for issue of duplicate ticket @ 10% to 25% of total Fare depending on the distance of journey before preparation of chart and 50% after preparation of charts. You can't get any refund on your lost ticket. First thing you need to do is to inform Railway Reservation office about the loss of ticket to prevent fraudulent refunds on your ticket.
- **IR COLLABORATION WITH CHINA:** India is considering three major areas for collaboration with China — the development of high-speed rail networks, expansion of heavy freight haulage and the upgrading of major train stations. India and China have signed a memorandum of understanding (MoU) on technical cooperation in the railway sector. The MoU, will be in force for five years, and will enhance mutual cooperation across various areas of rail technology.
- **AC DOUBLE DECKER TRAIN BETWEEN DELHI & CHANDIGARH:** To cater to the growing number of passengers between Delhi and Chandigarh, Railways has decided to start an AC Double Decker train between the two cities. 12-coach AC Double Decker train is expected to start by February next year,

RSCWS - ORGANISATIONAL NEWS IN BRIEF

In the current quarter, 2 Meetings of Executive Committee and one Meeting of General Body of RSCWS along with one Medical Seminar were held at Chandigarh wherein activities of the Society were reviewed and burning problems of the Pensioners were discussed. Position of Legal Fund & Membership was reviewed. The overwhelming response of the Members to the call for Legal Fund of Rs.1000 per head was appreciated. It was decided to individually approach the inactive and non-responsive Members as well as new retirees to join the campaign effectively for justice to Pensioners. It was decided to file Court Cases for higher Fixed Medical Allowance (FMA) of Rs.1200 PM (instead of Rs.300 PM) and for 3 times rise of Basic Pension w.e.f. 1-1-2006 (instead of 2.26) for those who retired from Scales of S-4 to S-23 and S-29 – at par those from S-24 & above.

It was also proposed to increase the Annual Subscription of RSCWS from Rs.200 to Rs.250 PA and to create a post of Chairman of the Society, if approved by the General Body.

RAILWAY PENSIONERS / FAMILY PENSIONERS BE ACTIVE MEMBERS OF RSCWS
PAY YOUR SUBSCRIPTION FOR RSCWS EARLY @ Rs. 200 PA, IF NOT DONE ALREADY
DONATE LIBERALLY TO LEGAL-CUM-STRUGGLE FUND OF RSCWS TO FIGHT FOR THE CAUSE OF PENSIONERS
DONATIONS & SUBSCRIPTIONS MAY BE SENT BY LOCAL OR AT PAR CHEQUES OR DRAFT OR M.O. IN FAVOUR OF
"RAILWAY SENIOR CITIZENS WELFARE SOCIETY" – & THE SAME MAY BE SENT OR PAID IN CASH TO –
Sh. K.S. BHANDARI, TREASURER, RSCWS, 3098, SECTOR 22-D, CHANDIGARH (PH. 2711641 & 9815012641).

- President & Secretary General, RSCWS

ORDERS ON PENSIONERS' RELATED ISSUES

Copy of DOP (P&PW) OM No.1/20/2011-P&PW (E) (Vol. IV) Dated: 14th November, 2012

Sub: Revision of PPOs of pre-2006 pensioners/family pensioners - use of e-scroll for retrieving information from Banks - reg.

The undersigned is directed to state that Annexure 'III has been used to obtain information from Banks for revision of PPOs of pre-2006 pensioners/family pensioners.

It is seen that getting information from Banks is fraught with difficulties. Secondly, the Annexure III, sent by the banks are in many cases incomplete to the extent that the calculation details are not available for evaluation by the PAOs and as such the Annexure is being used largely to confirm the existence of the pensioner/family pensioner and to link him/her with the current paying branch.

2. The Central Pension Accounting Office (CPAO) has suggested that e-scroll data, which is being received in CPAO from most of the banks may be used and the problems indicated above may be solved.

The e-scroll contains 13 fields of information such as Name of the pensioner, PPO number (New)! PPO number (old), name of the Ministry, PAO code, bank name, BSR code, Account number, pension category, basic pension, DR, Additional Pension, Month of Pay and date of transaction. These fields may be useful for the purpose of revision of PPOs of pre-2006 pensioners/family pensioners. Another utility of e-scroll is that it may be used to eliminate invalid pensioners/family pensioners.

3. It is seen that the e-scroll is a factual and useful source of information of the pensioners/family pensioners. Therefore, it is recommended that e-scroll may be accepted for retrieving information for revision of PPO, in addition to Annexure III.

Ministry of Railways, M/o Defence and Departments of Posts and Telecommunications (for pensioners receiving their pension through banks) are also requested to use e-scroll sent by the Banks in addition to Annexure III (Annexure IV in case of Defence pensioners) for the purpose of retrieving relevant information of such pensioners/family pensioners in case of whom Annexure III/IV are not made available by the Banks.

POSITION OF ISSUE OF REVISED PPOS ON RAILWAYS

Ministry of Railways informed in the Meeting of SCOVA held on 27-9-2012, that they have requested the Pensioners to apply for revision of PPO by making all the data available to them. They informed that they have revised 4.7 lakhs PPOs on receipt of these applications and 6.00 lakhs are pending. The Ministry has been asked to complete the task of issuing revised PPOs by March, 2013 where applications have been received. Simultaneously they should ascertain a mechanism of getting data of the remaining cases and revising PPOs of those who have not applied for revision of PPOs.

Ministry of PPG & P (Dept of P & PW) O M No 1/16/2011-P&PW(E) dated 20 -09-2012

Sub: Family Pension- list of documents to be submitted by a claimant member of family (other than spouse) along with Form 14, PPO and Death Certificate of the deceased pensioner / family pensioner'.

The undersigned is directed to refer to Dept of Pensions and Pensioners Welfare O M of even number, dated the 8 December, 2011 on the subject. From the representations received in this Dept, it appears that some offices ask the Applicant Family pensioners for the documents not indicated in the office memorandum indicated above.

All the Ministries / Depts are requested to instruct their attached / subordinate / field offices to follow the instructions in the O M dated 8-12-2011 strictly to avoid any hardship to the family pensioners. They may also be advised to go through the other office memoranda issued during the last two years as contained in the circular on family Pension on this dept's website and also on ; pensionersportal.gov.in

Ministry of PPG & P (Dept of P & PW) O M No 1/23/2012-P&PW (E) dated 27 -09-2012

Sub: Instructions regarding date of birth / age of Family Pensioners

The Dept has issued instructions vide O M No 38/37/08-P&PW(A) dated 21-05-2009, 11-08-2009, 25-06-2010, O M No 1/19/11-P&PW(E) dated 3-08-2011 and O M No 1/23/2012-P&PW (E) dated 13-09-2012 for consideration of Date of birth / age for grant of additional pension / family pension to old pensioners / family pensioners. Certain documents, i.e. PAN Card, matriculation Certificate, Passport, CGHS Card, driving Licence, voter's card and Adhaar Number issued by UIDAI have been allowed to be accepted in this regard.

2 For the revision of an old PPO, date of birth of family pensioner is mandatory field in the software. Some queries have been received in this dept regarding clarification whether these instructions are applicable for accepting date of birth / age of the spouse at the time of revision of PPOs.

3 It is hereby clarified that the above instructions are applicable at the time of issue / revision of a PPO for a family pensioner irrespective of the age of the family pensioners at that time. It is further clarified that in case the exact date of birth is not available in the PPO / office records, the age of the family pensioner as on 1 January may be taken same as what she /he had completed in the previous

NOTIFICATION
GOVERNMENT OF INDIA, MINISTRY OF FINANCE
DEPARTMENT OF EXPENDITURE
CENTRAL PENSION ACCOUNTING OFFICE

Trikoot-II, Bhikaji Cama Place, New Delhi-110066

**ATTENTION: Central Civil Pensioners/Family Pensioners and
 Authorised Pension Disbursing Banks**

1. The Life Certificate has to be submitted by the pensioner/family pensioner to any Branch Manager of Pension Paying Bank in the months of November, each year. The scheme booklet (4th edition, 3 Dec 2004) detailing the "Scheme for Payment of Pensions to Central Government Civil Pensioners through Authorised Bank's" has been amended to include para 15.2 (i) which provides for an exemption from personal appearance of the pensioner in the bank. The same is quoted below for ready reference of all concerned.
- "A pensioner who produces a life certificate in the prescribed form in Annexure-XVII (given below) signed by any person specified hereunder, however, is exempted from personal appearance:
- i. A person exercising the powers of a Magistrate under the Criminal Procedure code;
 - ii. A Registrar or Sub-Registrar appointed under Indian Registration Act;
 - iii. A Gazetted Government servant;
 - iv. A Police Officer not below the rank of Sub-Inspector in-charge of a Police Station;
 - v. A Class-I officer of the Reserve Bank of India, an officer (including Grade II officer) of the State Bank of India or of its subsidiary;
 - vi. A pensioned Officer who, before retirement, exercised the powers of a magistrate;
 - vii. A Justice of Peace;
 - viii. A Block Development Officer, Munsif, Tehsildar or Naib Tehsildar;
 - ix. A Head of Village Panchayat, Gram Panchayat, Gaon Panchayat or an Executive Committee of a Village;
 - x. A Member of Parliament, of State legislatures or of legislatures of Union Territory Governments/Administrations;
 - xi. Treasury Officer.

It is further stated that in the case of a pensioner drawing his pension through a Public Sector Bank the life certificate may be signed by an officer of a Public Sector Bank. In the case of a pensioner residing abroad and drawing his pension through any other bank included in the Second Schedule to the Reserve Bank of India Act, 1934, the life certificate may be signed by an officer of the Bank. A pensioner not resident in India in respect of whom his duly authorised agent produces a life certificate signed by a Magistrate, a Notary, a Banker or a Diplomatic Representative of India is exempted from special appearance.

It is requested that all banks may give the above wide publicity and circulate to all the branches for strict compliance and for information to pensioners.

**ANNEXURE-XVII
 LIFE CERTIFICATE**

(To be submitted by Pensioner once a year in November)

Certified that I have seen
 the pensioner Shri/Smt./Ms. _____ (Name of Pensioner),
 holder of Pension Payment Order No. _____ and that he/she is alive on
 this date.

Name

Place:

Designation of Authorised Officer

Chief Controller (Pensions)

(2247477_1)

davp 15111/11/0006/1112

RAILWAY PENSIONERS NEED TO SUBMIT 'LIFE CERTIFICATE'

The above Notification is equally applicable to Railway Pensioners – exempting them from personal appearance in the Bank in case of some compulsion (*like invalidation and being outstation etc. in November*).

All the Railway Pensioners / Family Pensioners and Ex-gratia Payees drawing pension from various Public Sectors Banks / Post Offices and Treasuries need to submit LIFE CERTIFICATE along with non-employment / re-employment / non remarriage / remarriage certificate to authorities from where they are drawing their pension before the end of November every year in order to get their Pension continuously.

Prescribed Pro-forma of the Life Certificate is the same as above and is available with the respective Banks / Post offices / Treasuries. Bank Managers are authorized to issue Life certificate to the Pensioners. Pensioners are also requested to furnish latest address and contact numbers while submitting Life Certificate.

MINISTRY OF RAILWAYS RB No. 2011/TG-I/20/P/ID, dated 1.11.2012 (COMMERCIAL CIRCULAR NO.68 OF 2012)

Sub: Provision of carrying of ID proof during journey on (all) reserved tickets

Please refer to this office letter no.2011/TG-I/20/P/Tatkal dated 16.01.2012 (Commercial Circular No.4 of 2012) on the subject quoted above wherein it was advised that with effect from 15.02.2012, any passenger travelling on a reserved ticket (non-Tatkal) issued through PRS for undertaking journey in any air conditioned class (except 3E) will have to produce any one of the nine prescribed proofs of identity (in original) during journey failing which all the passengers will be treated as without ticket and charged accordingly. This provision has helped in keeping a check on the cases of travelling on transferred ticket in AC classes to a great extent.

2. With a view to ensure availability of reserved tickets to bona fide passengers in all classes, it has been decided as under:

(i) One more proof of identity has been added in the list of 9 prescribed proofs of identity for undertaking journey on e-ticket, Tatkal ticket and for undertaking journey on a reserved ticket issued through PRS and these 10 prescribed proofs of identity are as under:

1. . Voter Photo identity card issued by Election Commission of India.
2. . Passport.
3. . PAN Card issued by Income Tax Department.
4. . Driving Licence issued by RTO.
5. . Photo identity card having serial number issued by Central/State Government.
6. . Student identity Card with photograph issued by recognized School/College for their students.
7. . Nationalized Bank Passbook with photographs.
8. . Credit Cards issued by Banks with laminated photograph.
9. . Unique identification Card "Aadhaar"
- 10.. Photo identity cards having serial number issued by Public Sector Undertakings of State/Central Govt /Municipal bodies and Panchayat Administrations.

(ii) The above provision shall come into effect from 01.12.2012.

(iii) With effect from 01.12.2012, any one of the passengers booked on a PNR for undertaking journey in any reserved class will have to produce any one of the 10 prescribed proofs of identity (in original) during the journey failing which all the passengers booked on that ticket will be treated as travelling without ticket and charged accordingly. This provision shall, however, not affect the existing provision of Tatkal scheme where the passenger is required to show the same original proof of identity as indicated on the ticket.

3. Wide publicity may be given by Zonal Railways through all possible means on this account for the information of general public. Necessary instructions may be issued to all concerned particularly Ticket Checking Staff so as to educate them about the revised provisions.

CTS-2010 STANDARD CHEQUE BOOKS FROM JANUARY 1ST, 2013

Notification (RBI/2012-13/190399/04.07.05/2012-13 dated September 3, 2012) by the Reserve Bank of India

Reg: Standardization and Enhancement of Security Features in Cheques – Migration to CTS 2010

RBI has directed all banks to issue only multicurrency/payable at par CTS-2010 standard cheques. It has also directed all banks to withdraw the non-CTS-2010 Standard cheques in circulation before December 31, 2012.

In compliance with the aforementioned circular, it may kindly be noted that all non-CTS-2010 Standard cheques shall be withdrawn by December 31, 2012. Accordingly, it must be ensured by all to verify that your cheque book(s) are CTS-2010 compliant. If not, you must place an order for a new cheque book. The identity features of a CTS-2010 cheque leaf are as under:

The letters "CTS-2010" have been printed vertically on the left side of the cheque leaf.

If your cheque book is already CTS-2010 compliant, you can keep using the same and there is no action to be taken at your end. However, if the cheque book is not CTS-2010 compliant, you must place a request for CTS-2010 compliant cheque book through your nearest bank Branch. This change is applicable across all banks. The above notification is applicable only to Banking Operations in India.

DRUGS SOON TO HAVE ONLY GENERIC NAMES

Drug Controller General of India's directions regarding naming drugs after generic names like Paracetamol and Ciproflaxin, instead of brand names, have been issued to all state drug controllers and principal secretaries of health stating that except for import and export purposes, drugs shall be named after generics and not with brand names. Doctors have to prescribe the generic names. For instance, for Ciproflaxin alone there are around 4,000 brand names in the country. Both single component and combination drugs have to be named after generic drugs. Though the move is aimed at decreasing the prices of medicines, experts say that without revising the MRPs of the drugs, this order will not have any effect.

HEALTH CARE

CARDIAC RHYTHM DISORDERS – FROM A PATIENT'S PERSPECTIVE

AUTHOR: Dr Rajat Sharma, MD,DM,CCEP, Heart Rhythm Specialist, Fortis Heart & Multispeciality Hospital, Room no 133, 1st Fl., Sector 62, Mohali, Punjab, India, Cell +918283812952, Off:+91-172-4692222,Fax:+91-172-4692221

INTRODUCTION: Cardiac rhythm disorders or cardiac arrhythmias are commonly encountered entity in our day to day life and a major health issue today . Unfortunately these cardiac dysarrhythmias are often sub optimally managed or often overlooked by the patients and also by their physicians. Although some of the cardiac dysarrhythmias may be benign in nature with minor impact on quality of life, other rhythm disorders may pose significant clinical impact and needs appropriate medical attention.

It is worth enhancing our knowledge about these cardiac rhythm disorders. These disorders are different from the common heart ailments like heart attacks. The heart attacks are due clogged arteries in the heart, while the heart rhythm disorders are due to some short circuit in the electrical system of the heart. So, when the clogged artery is managed by an interventional cardiologist, the electrical issues are better managed by a heart rhythm specialist or a cardiac electrophysiologist. This article is a small step towards propagating some basic knowledge and understanding regarding such less understood cardiac ailments.

WHAT PATIENTS FEELS: Mostly patients visit the clinic many times and are aware of something wrong going on, but often not taken seriously by the healthcare providers. They present with repeated bouts of heart racing episodes, fear of impending death or pass out spells. But due to the lack of clinical evidence, they are managed empirically with some heart rate slowing medications or even at times considered as panic or anxiety attacks.

KNOWING ABOUT YOUR HEART RHYTHM DISORDERS BETTER! Abnormal heart rhythms (arrhythmias) are caused by problems of the electrical conduction system that regulates the heartbeat or because of abnormal electrical properties of heart muscle or a scar from prior heart attack or heart muscle diseases. These results in too slow or too fast heart beats; it may stay steady or become chaotic. Some may result in sudden cardiac death, while others may be bothersome but not life threatening. These electrical disorders can originate heart chambers and occasionally from the electrical wiring system.

The arrhythmias originating from the top chambers or the atrium are usually benign and can impact the quality of once life, while the rhythm disorders arising from the lower chambers or the ventricles called ventricular tachycardias are usually dangerous and can cause sudden cardiac death. These arrhythmias commonly originate from a prior diseased heart or following a heart attack. The cardiac arrhythmias may also be present in individuals with normal heart and occasionally with some genetic abnormalities. Slowing of heart beat or bradyarrhythmias results from dysfunction of the intrinsic pacemakers because of various reason and can also be life threatening.

What are the symptoms: The symptoms are usually heart racing , skipped beats, palpitations, fluttering sensation in the chest ,occasionally fainting or black out spells, lightheadedness or shortness of breath. Some common arrhythmias like atrial fibrillation/flutter are notorious in causing stroke.

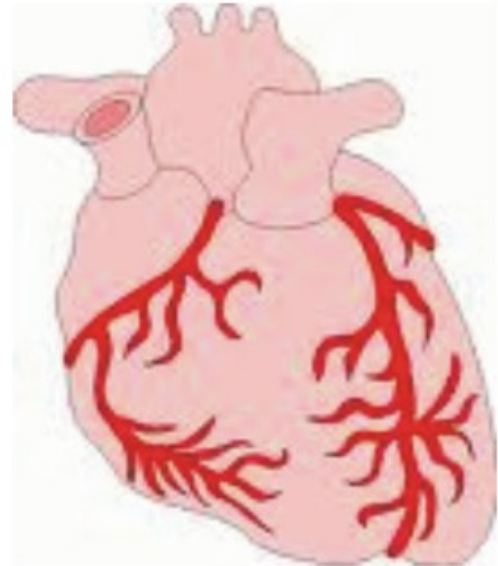
MANAGEMENT: Awareness of these disorders are of utmost importance and always better to consult a heart rhythm specialist in your community. A careful investigation usually starts with a ECG typically during an attack, Holter monitoring, various other noninvasive tests. In certain situation more aggressive tests like loop recorder and an cardiac electrophysiology tests may be required . This special test is done by a heart rhythm specialist by inserting catheters into the heart.

The treatment starts with life style modifications, occasionally appropriate drugs. Some of the tachyarrhythmias are successfully treated by catheter ablation techniques by burning the abnormal electrical circuits.VT following heart muscle diseases or because of prior heart attacks are usually managed with an implantable defibrillators or ICD. In certain situations of drug and defibrillators refractory VT/VF are also managed by catheter ablation, which reduces arrhythmic burden and improves outcome.

Lastly, the common fainting or syncope should be appropriately investigated and managed by life style changes and sometimes with drugs and pacemakers. It is of paramount importance to consult your heart rhythm specialist or cardiac electrophysiologist, when managing such arrhythmic issues for planning out the appropriate management for you.

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Fortis Hospital, Sector 62, Phase-VIII, Mohali - 160 062

Ph: 0172 - 5091980, Mobile: 098727 35980

E-mail: hkbalipgi@gmail.com, harinder.bali@fortishealthcare.com

Blog: <http://heartsummit.blogspot.com>; Website: <http://drhkbali.com>

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DR. HARSIMRAN SINGH

MBBS (AIIMS), MS Ortho (PGIMER), M.Ch. Ortho (U.K.)



Fortis Hospital, Sector 62, Phase-VIII, Mohali - 160 062

Ph: 0172-469222 E-mail: harsimran.singh@fortishealthcare.com

***WE WISH A VERY HAPPY, HEALTHY &
PROSPEROUS NEW YEAR
TO ALL OUR MEMBERS & WELL WISHERS***

PRS: 10-12-2012

***If undelivered, please return to:
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